



SEBEKA PUBLIC SCHOOL

David G. Fjeldheim—Superintendent
Amie Westberg - K-12 Principal
Rachel Kern - K-12 Counselor
Jon Lillquist - Activities Director

Independent School District 820
200 1st Street NW
P.O. Box 249
Sebeka, MN 56477
218-837-5101

Recently, our COVID-19 response team met to review our current COVID guidelines. This includes mitigation strategies as we continue to do our part in reducing the spread of the coronavirus. We continue to monitor and evaluate our practices. Please note that ***these guidelines are subject to change at any time.***

Face Coverings

CDC recommends universal indoor masking for all students, and visitors to K-12 schools, regardless of vaccination status. At this time, Sebeka School does not require face coverings for these individuals during the school day. ***However, masks will be required while on a school bus per federal guidelines regarding public transportation.***

COVID-19 School Guidelines

If your child has two or more COVID-19 symptoms we will call you to pick up your child from school. Your child will need to wear a mask while they wait for their ride in the health office.

Your child may return to school if;

- They have been tested and results are negative
- Fever free (without fever reducing medication)
- Symptoms have improved

Note: if your child is symptomatic and is awaiting test results they will need to stay home until results are known.

COVID symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Positive Case

When testing positive for COVID-19, MDH recommends 10 days of quarantine. At this time, we are following these recommendations, if your child tests positive for COVID-19 and has symptoms they must stay at home for 10 days from the time the symptoms started. If they have no symptoms but test positive, they must stay home for 10 days counting from the day they were tested.

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Eric Nelson-Director

Charles Funk -Vice Chair
Nate Erickson-Director

JoAnn Olson-Clerk
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Close Contact

If your child was in close contact with a lab confirmed positive case while at school we will contact you so that you may monitor your child closely for symptoms.

Household Positive

If someone in your household tests positive for COVID-19, your *non symptomatic* child(ren) will need to stay home for 10 days of test date and must be symptom free to return. If they develop symptoms, or test positive during those 10 days, please contact the health office for further guidance.

Immunity

Your child will not need to be quarantined if they are symptom free, have had a lab confirmed positive case within the last 90 days or are up to date with their COVID-19 vaccinations; including a booster dose after the recommended time of the initial dose(s).

Testing

We now have antigen-rapid test kits available while supplies last. These will not be mandatory but just another local option for families to be able to test.

If you have any questions or concerns please contact the health office.

Thank you!

Amie Westberg
K-12 Principal
218-837-5101

Nicole Ervasti, LPN
Health Office
218-837-5101, Ext. 129

*Updated: 09-09-2021
09-21-2021
01-13-2022*

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